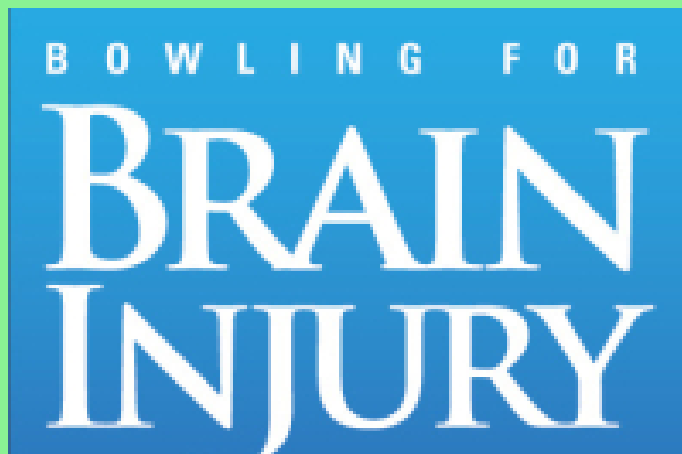


Dura Mater Clubhouse Spring Newsletter



Happy Spring! The Brain Injury Foundation of St. Louis has had two events: the Gala and the Brain Bolt. The Gala went amazing and was a success. Carmilita was featured and was wonderful as always. John O'Leary was a guest speaker and received a standing ovation. We had the Brain Bolt on April 12th, the flyer shown in the bottom left. It was at Creve Coeur Park at 9am. Some of us at the Clubhouse went and had an amazing time!!

Another event happening is Bowling for Brain Injury that is on June 13th at Olivette Lanes put on by the Brain Injury Association of Missouri.

They also had their Brain Injury survivor and family seminar coming up on April 11th at SSM Hospital, which went well too!

SAVE THE DATE for 8826



2026





This is Paul's amazing story! His brain injury is finding his sense of humor! And yes, he is hilarious! You can find Paul helping out cooking and working on brain training games, while also causing mischief at times!



Dana is hard-working, kind, loving and makes the most out of every day! Dana is making great process walking without her walker in short distances. She hopes to walk greater distances without it, with a distant goal of walking without it. Dana also likes working with beads, drawing, and talking with others.

Fun Free Things To Do

Saint Louis Art Museum

'All Exhibits are free on Fridays'

Missouri History Museum

St. Louis Zoo

Laumiere Sculpture Park

Science Center

The City Museum

Contemporary Art Museum

St. Louis Botanical Gardens

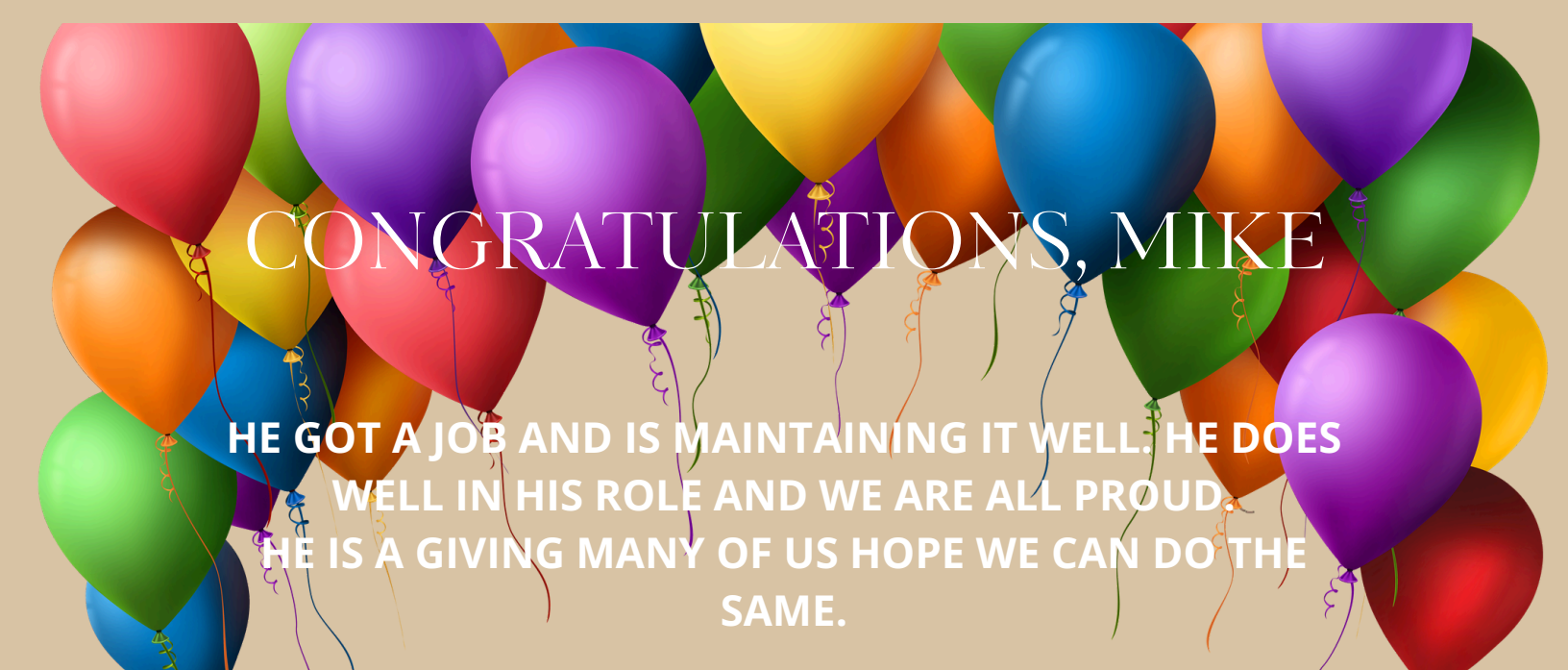
Lone Elk Park

YMCA

*With Silver Sneakers!

Tower Grove Park





CONGRATULATIONS, MIKE

HE GOT A JOB AND IS MAINTAINING IT WELL. HE DOES
WELL IN HIS ROLE AND WE ARE ALL PROUD.
HE IS A GIVING MANY OF US HOPE WE CAN DO THE
SAME.



He is our member bowling expert too. Others know this fact and he did confirm. Our members can try to beat him, yet it will be quite the challenge! We are hoping he will go to Bowling for Brain Injury

HOLIDAYS

APRIL 12TH GRILLED CHEESE DAY +
COOKING UNIT

APRIL 22ND EARTH DAY

CINCO DE MAYO- MAY 5TH

MOTHER'S DAY-MAY 10TH

MENTAL HEALTH AWARENESS MONTH-
MAY

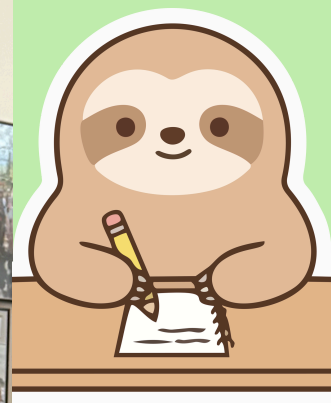
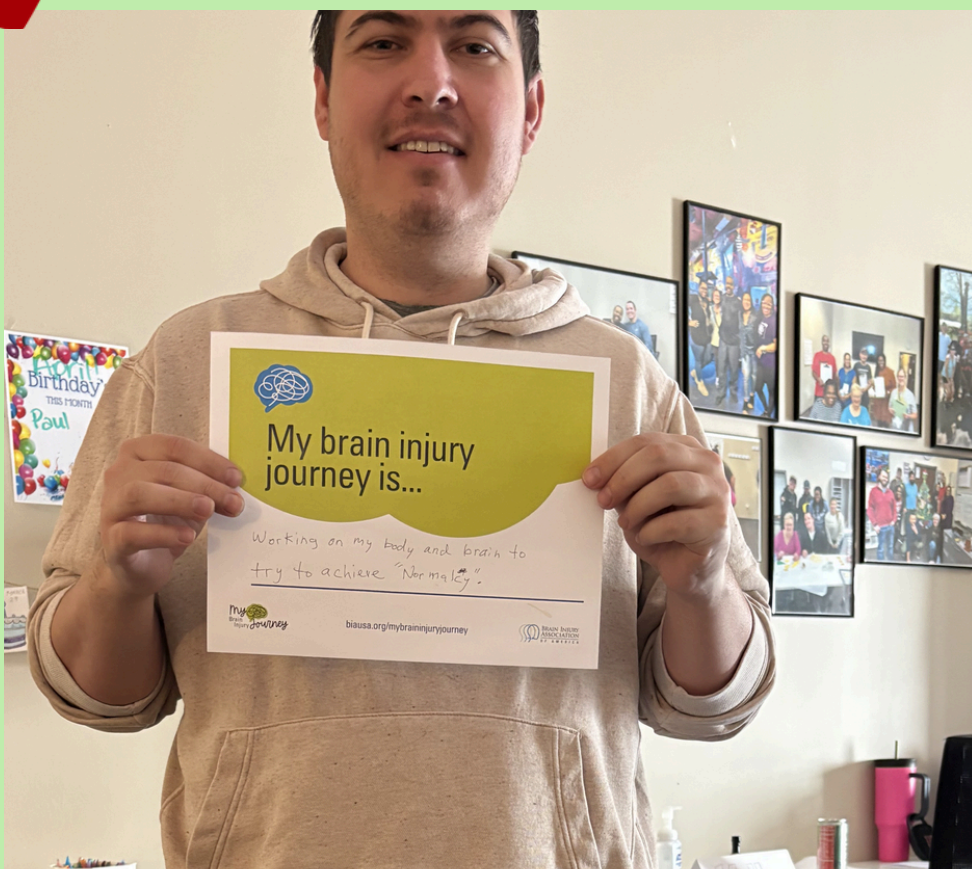
MEMORIAL DAY-MAY 25TH

PLUS, WE HAVE SOME PLANTS GROWING,
AND ALL HAVE OFFICIALLY SPROUTED!





Carmilita is a beautiful soul who brings joy to us every day she is here. She works with the Grace Group and loves games.



Matt is easy going and Z wishes him the best of luck. He has goals of working on his walking, word finding, socialization, writing, and working.

Andrew Wunderlich

Andrew is invaluable Speech Therapist to the clubhouse. He keeps us in order with tasks, helps with our goals, works with us through our thoughts and challenges, and is a patient staff member to us all.

These are some funny facts and questions about Andrew.

What is your favorite part of this job?

I like helping people achieve things they thought they could not.

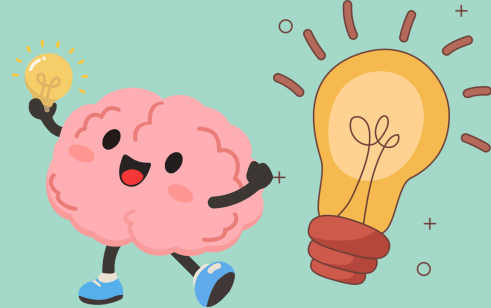
What is the scariest thing you have ever done in your life?

Returning to school on campus after covid.

What is the best thing that happened to you in your life?

One of the most important things in my life was working with Grace group, which ultimately lead him to working here.



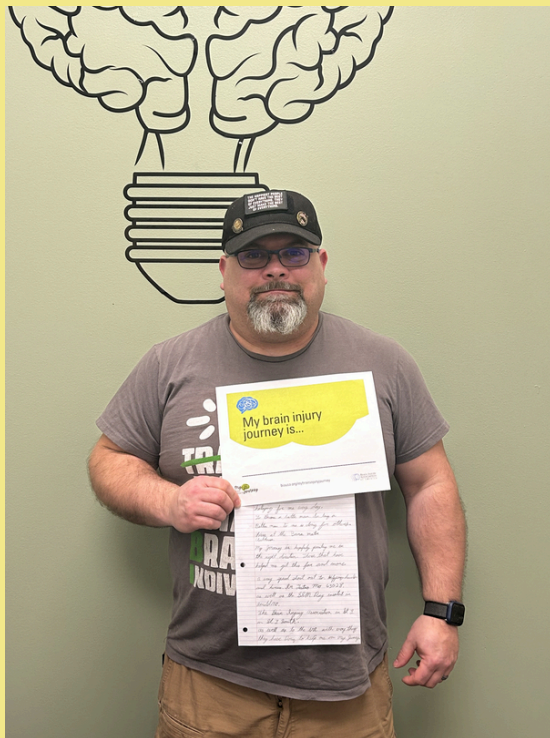


Andrew at work with Joe

Joe says, "Andrew is a funny guy." He also mentions he is humorous. At the clubhouse we all believe that as well.

He is great at his job and helps us all with our crazy journeys, also known as "Having a Brain Injury"

This is Z, who is on the right. He is an interesting person. And he's not from here originally. He likes to play word games. Some may say he is the "Word Games Master". Zijad is signing up for St. Louis Community College-Meramec at the moment. We all wish him the best in college!!



"Rob is good fellow.", Joe says. He is kind and likes to help others. Kelly, Andrew, and members alike, help him as well. We are very glad to have Rob in the Clubhouse. Currently, Rob is working on communication.



Frank is a very interesting person. He has a very different outside as an inside, like many of us. It has been amazing getting to know Frank. He has an amazing heart with a bit of an edgy side! Frank has an eye for detail and helped out with this Newsletter. He also works for at a Special Needs Program and does odds and ends for them.

Casey brings us all laughter and has a current goal of working out to lose weight and help where he is needed. He's got a heart the size of his beard and surprises us everyday!





David is smart and knows facts that surprise every time. He is humble and and loves his fruits. He is amazingly good at word games and is always helpful. It is always great to see his face at the clubhouse. He has 3 children 2 girls and one boy.

Wishing everybody a lovely and refreshing Spring from the Clubhouse! Make sure to plant your flowers! And make sure to bring your umbrella, for “April showers bring May flowers!”

Keep reading our Newsletter in the future to find out more!! Also were going to have a BBQ at the Park!